## **Anti-Racism Resources: Articles to Read**

- Ali, S. R., et al. (2005). When racism is reversed: Therapists of color speak about their experiences with racism from clients, supervisees, and supervisors. Voices of color: Firstperson accounts of ethnic minority therapists. Thousand Oaks, CA, US, Sage Publications, Inc: 117-133.
- Alleyne, A. (2009). Working therapeutically with hidden dimensions of racism. Mental health in a multi-ethnic society: A multidisciplinary handbook, 2nd ed. New York, NY, US, Routledge/Taylor & Francis Group: 161-173.
- Bartoli, E. and A. Pyati (2009). "Addressing clients' racism and racial prejudice in individual psychotherapy: Therapeutic considerations." Psychotherapy: Theory, Research, Practice, Training 46(2): 145-157.
- Basham, K. (2004). "Weaving A Tapestry: Anti-Racism and The Pedagogy of Clinical Social Work Practice." Smith College Studies in Social Work 74(2): 389-314.
- Beck, A. (2019). "Understanding Black and Minority Ethnic service user's experience of racism as part of the assessment, formulation and treatment of mental health problems in cognitive behaviour therapy." the Cognitive Behaviour Therapist 12.
- Bezrukova, K., Jehn, K. A., & Spell, C. S. (2012). Reviewing diversity training: Where we have been and where we should go. Academy of Management Learning & Education, 11(2), 207-227.
- Bezrukova, K., Spell, C. S., Perry, J. L., & Jehn, K. A. (2016). A meta-analytical integration of over 40 years of research on diversity training evaluation. *Psychological Bulletin*, 142(11), 1227.
- Brooks, O. (2012). "The dangerous usefulness of theorising about race and racism in psychotherapy." Psychodynamic Practice: Individuals, Groups and Organisations 18(2): 181-194.
- Casas, J. M. (2005). "Race and Racism: The Efforts of Counseling Psychology to Understand and Address the Issues Associated With These Terms." The Counseling Psychologist 33(4): 501-512.
- Cencirulo, J., et al. (2020). "Trainee experiences of racism, sexism, heterosexism, and ableism (the "ISMs") at a Department of Veterans Affairs (VA) healthcare facility." Training and Education in Professional Psychology, published online in advance of print publication.
- Chapman, R. T. (2006). "Internalized racism of the clinician and the treatment dynamic."
   Journal of Emotional Abuse 6(2-3): 219-228.
- Coaston, J. (2019, May). The intersectionality wars. Vox. Retrieved from <a href="https://www.vox.com/the-highlight/2019/5/20/18542843/intersectionality-conservatism-law-race-gender-discrimination">https://www.vox.com/the-highlight/2019/5/20/18542843/intersectionality-conservatism-law-race-gender-discrimination</a>
- Cooper, A. (2010). "Institutional racism: Can psychotherapy change?" British Journal of Psychotherapy 26(4): 486-501.
- Cummins, I. (2015). "Discussing race, racism and mental health: Two mental health inquiries reconsidered." International Journal of Human Rights in Healthcare 8(3): 160-172.
- Drustrup, D. (2019). "White therapists addressing racism in psychotherapy: An ethical and clinical model for practice." Ethics & Behavior, published online in advance of print publication.

- Fernando, S. (2014). Racism in psychiatry. Critical psychiatry and mental health: Exploring the work of Suman Fernando in clinical practice. New York, NY, US, Routledge/Taylor & Francis Group: 22-32.
- Fernando, S. (2017). Institutional racism in psychiatry and clinical psychology: Race matters in mental health. New York, NY, Palgrave Macmillan.
- Frosh, S. (2013). "Psychoanalysis, colonialism, racism." Journal of Theoretical and Philosophical Psychology 33(3): 141-154.
- Gordon, P. (1993). Keeping therapy white?: psychotherapy trainings and equal opportunities. British Journal of Psychotherapy, 10(1), 44-49.
- Gordon, P. (2004). "Souls in Armour: Thoughts on Psychoanalysis and Racism." British Journal of Psychotherapy 21(2): 277-294.
- Grundy, S. (2020, July). The false promise of Anti-racism books. The Atlantic. Retrieved from <a href="https://www.theatlantic.com/culture/archive/2020/07/your-anti-racism-books-are-means-not-end/614281/">https://www.theatlantic.com/culture/archive/2020/07/your-anti-racism-books-are-means-not-end/614281/</a>
- Guthrie, R. V. (2004). Even the rat was white: A historical view of psychology, 2nd ed. Upper Saddle River, NJ: Pearson Education.
- o Hahn, K. J. (2014). Considering the power of context: Racism, sexism, and belonging in the vicarious traumatization of counselors. US, ProQuest Information & Learning. 74.
- Hamer, F. M. (2006). "Racism as a transference state: Episodes of racial hostility in the psychoanalytic context." The Psychoanalytic Quarterly 75(1): 197-214.
- Henwood, K. L. (1994). Resisting racism and sexism in academic psychology: A personal/political view. Feminism & psychology, 4(1), 41-62.
- Hoberman, J. (2012). Black and blue: The origins and consequences of medical racism.
   Berkeley, CA, US, University of California Press.
- Kalev, A., Dobbin, F., & Kelly, E. (2006). Best practices or best guesses? Assessing the efficacy of corporate affirmative action and diversity policies. *American Sociological Review*, 71(4), 589-617.
- Kalinoski, Z. T., Steele-Johnson, D., Peyton, E. J., Leas, K. A., Steinke, J., & Bowling, N. A.
   (2013). A meta-analytic evaluation of diversity training outcomes. *Journal of Organizational Behavior*, 34(8), 1076-1104.
- Kendi, I.X. (2020, May). Who gets to be afraid in America? The Atlantic. Retrieved from https://www.theatlantic.com/ideas/archive/2020/05/ahmaud-arbery/611539/
- King, K. M. and L. D. Borders (2019). "An experimental investigation of white counselors broaching race and racism." Journal of Counseling & Development 97(4): 341-351.
- King, M. J. (2015). What do clinicians do? Addressing white clients' racist comments in the therapy room. US, ProQuest Information & Learning. 76, published online in advance of print publication.
- Lee, L. J. (2005). Taking off the mask: Breaking the silence--The art of naming racism in the therapy room. Voices of color: First-person accounts of ethnic minority therapists. Thousand Oaks, CA, US, Sage Publications, Inc: 91-115.
- Lewis, G., Croft-Jeffreys, C., & David, A. (1990). Are British psychiatrists racist?. The British Journal of Psychiatry, 157(3), 410-415.
- Liu, T. (2018). Gendered Racism Scales for Asian American Men: Scale development and validation. US, ProQuest Information & Learning. 79.

- Long, K. L. (2013). Impact of aversive racism on clinical impressions. US, ProQuest Information & Learning. 73.
- Lowe, F. (2006). Racism as a borderline issue: The avoidance and marginalization of race in psychotherapy. Difference: An avoided topic in practice. London, England, Karnac Books: 43-60.
- Ludema, J. & Johnson, A. (2020, July). Ending racism and building inclusive organizations will take longer than this news cycle—here's how to get started. Forbes. Retrieved from <a href="https://www.forbes.com/sites/amberjohnson-jimludema/2020/07/14/ending-racism-and-building-inclusive-organizations-will-take-longer-than-this-news-cycle-heres-how-to-get-started/#3b9b5deb3d11</a>
- Maher, M. J. (2012). Racism and cultural diversity: Cultivating racial harmony through counselling, group analysis and psychotherapy. London, England, Karnac Books.
- Maker, A. H. (2005). Post 9/11: Combating racism in the sanctity of healing--A clinical process dialogue. Voices of color: First-person accounts of ethnic minority therapists. Thousand Oaks, CA, US, Sage Publications, Inc: 155-167.
- Martin, C. (2020, June). Answering White people's most commonly asked questions about the Black Lives Matter movement. *The Bold Italic*. Retrieved from <a href="https://thebolditalic.com/where-do-i-donate-why-is-the-uprising-violent-should-i-go-protest-5cefeac37ef9">https://thebolditalic.com/where-do-i-donate-why-is-the-uprising-violent-should-i-go-protest-5cefeac37ef9</a>
- McIntosh, P. (1989). White privilege: Unpacking the invisible knapsack. *Peace and Freedom*.
   Retrieved from "https://psychology.umbc.edu/files/2016/10/White-Privilege\_McIntosh-1989.pdf
- McMahon, S., Burnham, J., & Banyard, V. (2020). Bystander intervention as a prevention strategy for campus sexual violence: Perceptions of historically minoritized college students. *Prevention Science*, online first copy.
- o Miller, A. L., et al. (2019). "Forging diversity-science-informed guidelines for research on race and racism in psychological science." Journal of Social Issues 75(4): 1240-1261.
- Miller, M. J., et al. (2018). "Practice recommendations for addressing racism: A content analysis of the counseling psychology literature." J Couns Psychol 65(6): 669-680.
- Moss-Racusin, C. A., van der Toorn, J., Dovidio, J. F., Brescoll, V. L., Graham, M. J., & Handelsman, J. (2014). Scientific diversity interventions. *Science*, 343(6171), 615-616.
- Msebele, N. and H. Brown (2011). "Racism in the consulting room: Myth or reality?"
   Psychoanalytic Review 98(4): 451-492.
- o Murray-García, J. L., et al. (2014). "Dialogue as skill: Training a health professions workforce that can talk about race and racism." American Journal of Orthopsychiatry 84(5): 590-596.
- Myers, J. L. (2012). Practicum students' experience with culture and racism in clinical settings. US, ProQuest Information & Learning. 73: 1262-1262.
- Neville, H. A. and R. T. Carter (2005). "Race and Racism in Counseling Psychology Research, Training, and Practice: A Critical Review, Current Trends, and Future Directions." The Counseling Psychologist 33(4): 413-418.
- Nicholas, L. J. (2001). The history of racism in professional South African psychology. 'Race', racism, knowledge production and psychology in South Africa. Hauppauge, NY, US, Nova Science Publishers: 17-25.
- Nolen, L. (2020, June). This is what I want to tell my White professors when they ask, 'How are you today?' Huffpost. Retrieved from <a href="https://www.huffpost.com/entry/black-medical-student-wants-white-professors-to-know">https://www.huffpost.com/entry/black-medical-student-wants-white-professors-to-know</a> n 5ed91238c5b6e0feefc26315

- Nordstrom, A. H. (2015). "The voices project: Reducing white students' racism in introduction to psychology." Teaching of Psychology 42(1): 43-50.
- Patel, N. (2012). Difference and power in supervision: The case of culture and racism.
   Supervision and clinical psychology: Theory, practice and perspectives, 2nd ed. New York,
   NY, US, Routledge/Taylor & Francis Group: 96-117.
- Pendry, N. (2012). "Race, racism and systemic supervision." Journal of Family Therapy 34(4): 403-418.
- o Pieterse, A. L., et al. (2016). "Development and initial validation of the anti-racism behavioral inventory (ARBI)." Counselling Psychology Quarterly 29(4): 356-381.
- o Prescott, B. (2019). Anti-racist identity development in White clinical psychology graduate students. US, ProQuest Information & Learning. 80.
- o Richards, G. (2012). 'Race', racism and psychology: Towards a reflexive history, 2nd ed. New York, NY, US, Routledge/Taylor & Francis Group.
- Ridley, C. R. (2005). Overcoming unintentional racism in counseling and therapy: A
  practitioner's guide to intentional intervention, 2nd ed. Thousand Oaks, CA, US, Sage
  Publications, Inc.
- Roberts, S. O., Bareket-Shavit, C., Dollins, F. A., Goldie, P. D., & Mortenson, E. (2020). Racial inequality in psychological research: Trends of the past and recommendations for the future. *Perspectives on Psychological Science*. https://doi.org/10.1177/1745691620927709
- Ronay-Jinich, D. (2010). White therapists addressing racism with White clients: A theoretical analysis and integrative treatment model. US, ProQuest Information & Learning. 70: 5183-5183.
- Sanders, C. (2020, June). I don't need 'love' texts from my White friends. The New York
  Times. Retrieved from <a href="https://www.nytimes.com/2020/06/05/opinion/whites-anti-blackness-protests.html">https://www.nytimes.com/2020/06/05/opinion/whites-anti-blackness-protests.html</a>
- Sashidharan, S. P. (2001). "Institutional racism in British psychiatry." Psychiatric Bulletin 25(7): 244-247.
- Sawyer, J., & Senn, D. J. (1973). Institutional Racism and the American Psychological Association 1. Journal of Social Issues, 29(1), 67-79.
- Senn, D. J., & Sawyer, J. (1971). Institutional racism: A problem for psychology?. American Psychologist, 26(7), 671-674.
- Serwer, A. (2020, May). The Coronavirus was an emergency until Trump found out who was dying. *The Atlantic*. Retrieved from <a href="https://www.theatlantic.com/ideas/archive/2020/05/americas-racial-contract-showing/611389/">https://www.theatlantic.com/ideas/archive/2020/05/americas-racial-contract-showing/611389/</a>
- Shin, R. Q., et al. (2016). "Is Allison more likely than Lakisha to receive a callback from counseling professionals? A racism audit study." The Counseling Psychologist 44(8): 1187-1211.
- Singh, S. P. (2007). "Institutional racism in psychiatry: Lessons from inquiries." Psychiatric Bulletin 31(10): 363-365.
- Stevens, G. (2003). "Academic representations of 'race' and racism in psychology: Knowledge production, historical context and dialectics in transitional South Africa." International Journal of Intercultural Relations 27(2): 189-207.
- Sue, D. W. (2005). "Racism and the Conspiracy of Silence: Presidential Address." The Counseling Psychologist 33(1): 100-114.

- Syed, M. (2020). Whither the "White Control Group "? On the Benefits of a Comparative Ethnic Minority Psychology.
- The 1619 Project (The New York Times Magazine):
   https://www.nytimes.com/interactive/2019/08/14/magazine/1619-america-slavery.html?mtrref=undefined&gwh=69E4FB3D2EE281DE567C1540065E7F15&gwt=pay&assetType=REGIWALL
- o The Combahee River Collective Statement: http://circuitous.org/scraps/combahee.html
- Tinsley-Jones, H. A. (2001). "Racism in out midst: Listening to psychologists of color."
   Professional Psychology: Research and Practice 32(6): 573-580.
- Tips for creating effective White caucus groups developed by Craig Elliott PhD: http://convention.myacpa.org/houston2018/wp-content/uploads/2017/11/Guidelines-for-Effective-White-Caucuses.pdf
- Vargas, J.A. (2011, June). My life as an undocumented immigrant. New York Times.
   Retrieved from <a href="https://www.nytimes.com/2011/06/26/magazine/my-life-as-an-undocumented-immigrant.html">https://www.nytimes.com/2011/06/26/magazine/my-life-as-an-undocumented-immigrant.html</a>
- Wade, J. C. (1993). Institutional racism: An analysis of the mental health system. American Journal of Orthopsychiatry, 63(4), 536-544.
- Wong, L. M. (1994). Di (s)-secting and Dis (s)-closing Whiteness': Two Tales about Psychology. Feminism & Psychology, 4(1), 133-153.
- Zayas, L. H. (2001). "Incorporating struggles with racism and ethnic identity in therapy with adolescents." Clinical Social Work Journal 29(4): 361-373.