Archived SEPs

**2017-2020 cohort**

Offender managers’ views on case consultation: An online survey

Jocelyn Arbuthnott
Commissioned by Jo Ramsden, Offender Personality Disorder Services, LYPFT

The experience of a psychoeducational course for carers of people with “personality difficulties”

Sarah Atkinson
Commissioned by Ruth Sutherland, Pathway Development Service & Leeds Personality Disorder Managed Clinical Network, LYPFT

Evaluating the E-Learning packages on the University of Leeds Clinical Psychology Doctoral Training Programme: Pedagogy and Instructional Design

Jamie Barrow

Commissioned by Clare Dowzer, Leeds DClinPsychol Programme

An evaluation of staff views on the provision of psychological services in an intensive home based treatment team in Kirkleeds and Calderdale

Lucy Carter

Commissioned by David O'Halloran and Lisa Keegan, SWYT

An evaluation of an innovative waiting list initiative & collaboration with a Voluntary Sector Counselling Service

Hannah Cartmell

Commissioned by Anita Brewin, Community Mental Health Psychology Service, BDCT

An Evaluation of a Cognitive Rehabilitation Group for Individuals with Neurological Conditions

Rachel Crane

Commissioned by Trishna Gandhi, Clinical Health Psychology, Mid Yorkshire Trust

The Building Underdeveloped Sensory Systems (BUSS) Programme: an Evaluation of the Experience of Foster Carers and Social Workers

Katherine Grindheim

Commissioned by Sarah Lloyd, Leeds Therapeutic Social Work Team, Leeds City Council

Idiographic Measures in Clinical Psychology Training

Emily Higgins

Commissioned by Gary Latchford and Jan Hughes, Leeds DClinPsychol programme

Evaluation of avatar-assisted therapy in Bradford Community Mental Health Psychological Therapy Services and Early Intervention in Psychosis

Nicola Holt

Commissioned by Anita Brewin, BDCT

An Evaluation of the Dialectical Behaviour Therapy Programme in York and Selby, the Tees, Esk and Wear Valleys NHS Foundation Trust

Rhian Hudson

Commissioned by Dr Pauline McAvoy, Clinical Psychologist (Tees, Esk and Wear Valleys NHS Foundation Trust)

Evaluation of the new Psychology assessment and formulation service pathway for people with Functional Neurological Disorders (FND) at Mid Yorkshire NHS Trust

Angharad Jones

Commissioned by Trishna Gandhi & Charlotte Baker, Clinical Neuropsychology Service, Mid Yorkshire NHS Trust

Psychologically Informed Warning Letters: Barriers and Facilitators to Use by Offender Managers

Sarah Kent

Commissioned by David Harvey, Yorkshire and Humberside Personality Disorder Partnership, LYPFT

Evaluating the feasibility, acceptability and impact of a pilot Autism assessment dyad in a Child and Adolescent Mental Health Service

Azaria Khyabani

Commissioned by Benedicte Eyre, Leeds CAMHS, LCHT

An evaluation of staff views on the provision of psychological services in Intensive Home Based Treatment Teams within Kirklees and Calderdale
Lucy Loftus
Commissioned by David O’Halloran and Lisa Keegan

Maximising the utility of family based treatment - identifying the factors that impact upon the outcome

Clare Randall

Commissioned by Julie Franklin, Leeds Children and Young People’s Eating Disorders Service, LCHT

Evaluating the Effectiveness of Family Based Treatment (FBT) for Children and Young People with Anorexia Nervosa

Lucy Siena

Commissioned by Julie Franklin, Leeds Children and Young People’s Eating Disorders Service, LCHT

Young people’s experience of an autism assessment

Kate Thresher

Commissioned by Beth Billington & Helen Cairns, HDFT

Evaluation of referral trends for the LTHT Multi-Specialism Paediatric Psychology Service

Catherine Wintermeyer

Commissioned by Amy Naylor & Sara Matley, Paediatric Psychology Service, LTHT

# **2016-2019 cohort**

Characterising unmet psychological need and its impact within child health services at Harrogate District Hospital

Victoria Brattan

Commissioners Dr Elizabeth Billington and Dr Ewan McNeill, Clinical Psychologists, Harrogate District Hospital

Seeing the whole picture: Exploring health care professionals’ perspectives of therapeutic photo-diaries in Harrogate District Hospital’s Intensive Therapy Unit

Anthony Harrison
Commissioner Dr Sue Baskind, Chronic Pain Team and Intensive Care and High Dependency Units, Harrogate District Hospital NHS Foundation Trust

A Qualitative Evaluation of the DCP Yorkshire & Humber BAME Open Day

Daisy Walton

Commissioner Dr Tom Isherwood, Leeds DClinPsych Programme

The Long term Impact of a 3 Session ACT Intervention on Staff wellbeing

Danielle Osler
Commissioners Drs Nigel Wainwright and Charlotte Baker

Evaluating the involvement of Experts by Experience in the Doctorate of Clinical Psychology Programmes

Emma Howarth

Commissioner Dr Tracey Smith, Leeds DClinPsych Programme

Evaluating Quality Improvements in Psychological care after a Heart Attack-Patient and Staff experiences

Holly Castle

Commissioner Dr Penny Morris, Lead Consultant Clinical Psychologist

The Cystic Fibrosis Youth Worker Service: An Evaluation

Jennifer Kay

Commissioners Drs Sophie Cammidge & Gary Latchford

Exploring the Effectiveness of Mindfulness Based Cognitive Therapy Courses for People with Physical Health Conditions

Katarzyna Sitko

Commissioners Drs Kate Ryder and Emma Bishop

Patients’ experiences of the Living with Pain service
Lucy Singer
Commissioners Dr Romy Sherlock & Dr Fiona Purdie

The perspective of Psychologists in Clinical Training on the challenges and facilitators to observations in clinical placements

Brownwyn Stirzaker

Commissioners Dr Gary Latchford and Dr Jan Hughes, Leeds DClinPsych Programme

An evaluation of the Therapy Competency Logbook from the supervisor perspective

Mandip Dosanjh

Commissioner Drs Tracey Smith and Ciara Masterson, Leeds DClinPsych Programme

An Evaluation of the Yorkshire and Humber Clinical Psychology Training Programmes’ 2018 Open Day for applicants from a Black and Minority Ethnic background
Rhianna Ketley

Commissioner Dr Tom Isherwood, Leeds DClinPsych Programme

An evaluation of the psychology session on the ‘Moving Forward’ course, for women who have had treatment for breast cancer

Rion O’Farrell Walsh

Commissioners Drs Jane Clark and Gita Patel, St James’ University Hospital, Leeds.

An Evaluation of Bradford’s Family Nurse Partnership (FNP): Mothers’ Perspective

Roseanne O’Shea

Commissioner Dr Sarah Handley

Evaluating the Personal and Professional impact of being part of the Group of Trainers in Clinical Psychology Involvement Group

Saafi Mousa

Commissioner Dr Tracey Smith, Leeds DClinPsych Programme

An evaluation of patient pathway and attrition in the BTHFT Living with Pain Service

Sarah Morrow

Commissioners Drs Romy Sherlock and Fiona Purdie

Improving Service Response to Sexual Exploitation of People with a Learning Disability
Katie Williams

Commissioner Ali Davies, Wakefield Adult Learning Disability Psychology Service

**2015-2018 cohort**

Evaluating the use of a Dynamic risk assessment to inform a management plan within a community forensic MDT

Rebecca Anderson

Commissioners Alex Brooks and Kerry Hinsby, Newsam Centre, LYPFT

Does the Complex Communication Assessment (CCA) Pathway Save Professional Time and Maintain Quality?

Gemma Dearing

Commissioner Dr Jenny Perry, Leeds Child Development Service, Leeds Community Healthcare NHS Trust

‘Understanding your Baby’: A short psycho educational course for new parents

Rachel Eastaugh

Commissioner Sue Ranger, Leeds Community Healthcare NHS Trust

An evaluation of the psychological wellbeing and quality of life of a small subsection of post-Myocardial Infarction outpatients attending the Leeds Community Cardiac Rehabilitation Service

Leanne Messham

Commissioner Dr Penny Morris, LTHT

An evaluation of the implementation and impact of psychological formulation meetings in the Leeds Rehabilitation and Recovery service (R&R)

Clare Morton
Commissioner Dr Gail Harrison, LYPFT

Evaluating the use of the collaborative dynamic risk assessment process and 'circles' tool from a ward staff perspective

Jessica Neil

Commissioners Drs. Alex Brooks and Kerry Hinsby, Newsam Centre, LYPFT

What are the experiences of Acute Liaison Psychiatry Service nurses attending a reflective practice group?

Lucy O’Neill

Commissioner Dr Rachel Mandela, LTHT. Co-supervised by Dr Judith Johnson, University of Leeds.

# What are the Barriers and Facilitative Factors that affect Parent/Carer Attendance at a Group-Based Interventions following a Complex Communication (Autism) Assessment?

Kathryn Palmer

Commissioner Dr Jason Miller, Child Development Centre, Leeds Community Healthcare NHS Trust

Evaluating the Input of a Clinical Psychology into a Regional Spinal Injury Rehabilitation Service

Alex Puchala

Commissioners Dr Nigel Wainwright and Dr Rebecca Ellis, with support of the SPINE

An evaluation of the Yorkshire Centre for Eating Disorders (YCED) inpatient treatment pathways for Anorexia Nervosa

Natalie Salimi

Commissioned by Dr William Rhys Jones, LYPFT

Evaluating the routine collection of quality of life/functioning outcomes in an Adult ADHD service in order to inform the development of an ADHD quality of life/functioning “hard outcome” tool

Rebekah Sutherland

Commissioner Dr Rob Baskind, Leeds Adult ADHD Service, LYPFT

“I Did Engage in This But I Remember Mainly Venting”: When Reflection in Teaching Makes No Difference

Susannah Ward

Commissioner Ciara Masterson, Leeds Doctorate in Clinical Psychology Training Programme

Evaluating the use of a collaborative dynamic risk assessment tool used with service users at the Newsam Center

Fiona Wright

Commissioners Drs. Kerry Hinsby and Alex Brooks, LYPFT

# **2014-17 cohort**

Assessing the impact of CBT teaching on trainees’ knowledge, skills and confidence: A follow-up study

Afshan Chaudery

Commissioner: Ciara Masterson, Leeds DClinPsych Programme

Leeds DClinPsy: Teaching on third-wave and other CBT-based approaches
Alice Staniford
Commissioners: Ciara Masterson & Carol Martin, Leeds DClinPsych Programme

Exploring the impact of a mindfulness programme on personal and professional development among trainee clinical psychologists
Catherine Corker
Commissioner: Fiona Thorne, Leeds DClinPsych Programme

Evaluating Service User and Carer Experience of Involvement in the Doctorate in Clinical Psychology Programme at the University of Leeds
Charlotte Berry
Commissioner: Tracey Smith, Leeds DClinPsych Programme

Content analysis of autism assessment reports written by the Harrogate Autism Assessment Team, and recommendations for improvements
Claire Wheeler
Commissioner: Dr Elizabeth Billington and Dr Ewan McNeil (Clinical Psychologists), Autism Assessment Team, Child Development Centre, Harrogate and District NHS Trust

How are our 5 and 10 year olds? Establishing the psychological needs of children attending the Leeds Cleft Lip and Palate audit clinic.
Delyth James
Commissioners: Drs Andrea Gaston and Louise MacLean, Cleft Lip and Palate Service, Leeds Teaching Hospitals NHS Trust

Evaluation of the new therapy competency logbook for the Doctorate in Clinical Psychology (DClinPsy.) training programme

Emily Jenkins
Commissioners: Carol Martin & Tracey Smith, Leeds DClinPsych Programme

Planning for the Future: Evaluating Service User and Staff Perceptions of Weight Gain in a Forensic Setting
Gemma Smith

Commissioner: Dr Emilie Smithson, (Clinical Psychologist, Newton Lodge, South West Yorkshire Partnership NHS Foundation Trust)

What is the experience of the Psychometric teaching and its applicability to placements in the Leeds DClin Psychology trainees?
Laura Winckley
Commissioner: Dr Charlotte Baker, Clinical Neuropsychologist, Lecturer in Clinical Psychology, Doctoral programme in Clinical Psychology, University of Leeds

Making informed decisions: A service evaluation of Infant mental health consultation to children’s Social workers in Leeds.
Mark Norburn
Commissioner: Sue Ranger (Consultant Clinical Psychologist) on behalf of the Leeds CAMHS Infant Mental Health Service

‘Meta-SEP’: Evaluating the impact and dissemination of Service Evaluation Projects completed by the Leeds Doctorate of Clinical Psychology Programme
Matt Price
Commissioners: Gary Latchford, Jan Hughes & Anita Dorsett, Leeds DClinPsych Programme

Exploring the impact of a mindfulness programme on personal and professional development among Psychologists in Clinical Training: A quantitative study
Nicola Shanahan
Commissioner: Fiona Thorne, Leeds DClinPsych Programme

Evaluating goodbye letters as an outcome measure for a two day introductory course to Cognitive Analytic Therapy

Rebecca Tyrer
Commissioner: Cognitive Analytic Therapy Service in Tees, Esk and Wear Valleys NHS Foundation Trust

An evaluation of a staff well-being and resilience group piloted within the NHS
Rob Holliday
Commissioner: Charlotte Baker, Clinical Neuropsychologist, Mid Yorkshire Hospitals NHS Trust

# 2013-2016 cohort

An evaluation of the Bradford Epilepsy Specialist Nurse Service Report / Poster
Adam McLaughlin
Commissioner: Lyndsey Hall-Patch, Bradford Epilepsy Service

Developing and evaluating a psychoeducational group for people with epilepsy Report / Poster
Alice Flint
Commissioner: Lyndsey Hall-Patch, Bradford Epilepsy Service

A Service Evaluation Project (SEP) looking into the implementation of psychological care within the Health and Wellbeing Development Team (HWDT) of the Wakefield District Stroke Care Pathway Report / Poster
Charlene Thwaites
Commissioners: Charlotte Baker & Gillian Richardson, Wakefield District Stroke Care Service within the South West Yorkshire NHS Trust

The experiences of a text messaging service for young people in the Leeds Paediatric Diabetes Team: To develop, or not to develop, that is the question Report / Poster
Claire Howarth
Commissioners: Rebecca Waldron & Wendy Sewell, Department of Clinical and Health Psychology & Children’s Diabetes Team, Leeds Teaching Hospitals NHS Trust

An Evaluation of the SAGE & THYME Communication Skills Training Report / Poster
Emma Waters
Commissioner: Gary Latchford, Department of Clinical & Health Psychology, Leeds Teaching Hospitals NHS Trust

Care Home Staff Perceptions of the Psychology Service in the Leeds and York Partnership NHS Foundation Trust (LYPFT) Community Learning Disabilities (CLDT) Psychology Service Report / Poster
Harriet Bibbings
Commissioner: Stephen Linacre, Leeds & York Partnership NHS Foundation Trust

Evaluation of Psychology Referral Trends for the LYPFT Leeds Learning Disability Service Report / Poster
Joanna Charsley
Commissioner: Anna Sampson, Leeds Learning Disability Service, Leeds & York Partnership NHS Foundation Trust

Experiences of and attitudes towards the use of sessional measures and CORE-Net in clinical psychology trainees Report / Poster
Joanne Allen
Commissioners: Gary Latchford & Jan Hughes, Leeds Doctorate in Clinical Psychology Training Programme

Experience of and attitudes towards the use of sessional measures and CORE Net in clinical psychology supervisors Report / Poster
Joanne Crossley
Commissioners: Gary Latchford and Jan Hughes, Leeds Doctorate in Clinical Psychology Training Programme

An Evaluation of a new Emotion Focussed Experiential Skills Course within an Adult Psychological Therapies Service Report / Poster
Melanie Parkins
Commissioners: Angela Cooper & Jurga Paserpskyte, South West Yorkshire Partnership NHS Foundation Trust

The Criminal Justice Mental Health Team’s Use of Formulation & The Influence of Clinical Reviews Report / Poster
Rachel Smith
Commissioner: Pauline McAvoy, Criminal Justice Mental Health Team, Leeds & York Partnership NHS Foundation Trust

Evaluating the input of a clinical psychology service into a major trauma ward Report
Steven Mayers
Commissioners: Nigel Wainwright & Chloe Miller, Leeds Major Trauma Centre, Leeds Teaching Hospitals NHS Trust

The Clinical Psycho-Oncology Service: Who they see, what they do, and how it is experienced? Report / Poster
Tom Matthews
Commissioners: David Aaron & Merry Hill, Clinical Psycho-Oncology Service, Leeds Teaching Hospitals NHS Trust

# 2012-15 cohort

Are the Child Development Teams in Leeds accurately diagnosing autism in girls?
Ann Lanham.
Commissioner: Jenny Perry, Wortley Beck Child Development Team

Student and staff experiences of facilitation in problem based learning.
Anna Whalen

Commissioned by Carol Martin & Ciara Masterson, Leeds Doctorate in Clinical Psychology Training Programme

Developing a Treatment Integrity Measure for SHIFT.
Christina Barker

Commissioned by Paula Boston & Ciara Masterson, University of Leeds

Establishing Inter-Rater Reliability and Developing Rater Guidance for the Self-Harm Intervention Family Therapy Trial (SHIFT) Adherence Measure.
David Jackson.
Commissioned by: Paula Boston & Ciara Masterson, University of Leeds

What are the experiences of BME service users engaging in psychological therapy? A qualitative study looking at service users perspectives of an adult psychological therapy service.
Diane Agoro.
Commissioned by Lal Ahir, Psychology and Psychotherapy Service, Leeds and York Partnership NHS Foundation Trust

An Evaluation of Clinical Psychology Supervisor Training in Yorkshire.
Frances Corrigall

Commissioned by Jan Hughes & Tom Isherwood, Leeds Doctorate in Clinical Psychology Training Programme

Evaluating Service User and Carer Involvement in the Doctorate of Clinical Psychology Programme at the University of Leeds.
Gemma Dunning.
Commissioned by Tracey Smith & Carol Martin, Leeds Doctorate in Clinical Psychology Training Programme

Follow up of Early Intervention for Psychosis (EIP) Service User Outcomes.
Laura Drage

Commissioned by Anita Brewin, Bradford and Airedale Early Intervention Service

Evaluating the Implementation of the Leeds Child and Adolescent Mental Health Service Eating Disorders Assessment Pathway.
Louise Johnson.
Commissioned by Julie Franklin, Child and Family Unit, St James' University Hospital, Leeds

Adherence to inhaled medications and the impact of family beliefs in Children with Cystic Fibrosis.
Louise Maclean.
Commissioned by: Alistair Duff, Leeds Regional Paediatric CF Unit, St James' University Hospital, Leeds

Investigating the Long-Term Influence of Personal Development (PD) Groups Following Clinical Psychology Training.
Michelle Kilmurray.
Commissioned by Fiona Thorne & Carol Martin, Leeds Doctorate in Clinical Psychology Training Programme

Implementing computerised self-management for Bipolar Disorder into a secondary care mental health team: a feasibility study.
Nicholas Todd.
Commissioned by Ruth Sutherland, North Bradford Community Mental Health

Team

Hear me out: An evaluation of BME Service Users experiences of barriers when accessing the Leeds Psychology & Psychotherapy Service.
Romana Farooq.
Commissioned by: Lal Ahir, Psychology and Psychotherapy Service, Leeds and York Partnership NHS Foundation Trust

An Evaluation of the Clinical Reviews in the Criminal Justice Mental Health Team.
Ruth Hunter.
Commissioned by: Pauline McAvoy, Criminal Justice Mental Health Team, Leeds and York NHS Partnership Foundation Trust

An Evaluation of the Psychological Therapy Provision in Towngate House Rehabilitation and recovery Unit.
Sherell Calame.
Commissioned by Anjula Gupta, Rehabilitation & Recovery Inpatient Services, Leeds & York Partnership Foundation Trust

An Evaluation of the Observation of Clinical Skills Exercise.
Sophie Hopper, Psychologist in Clinical Training.
Commissioned by Carol Martin & Ciara Masterson, Leeds Doctorate in Clinical Psychology Training Programme