



West Yorkshire DClin Programme Update

December 2023

Expansion recap

- Our intakes:
 - 2019: 16
 - 2020: 20
 - 2021: 25
 - 2022: 30
 - 2023: 30
 - 2024? Expecting similar number (896 applications)
- Adapting to the new landscape
 - New posts

Tender recap

- DClin tender process implemented across England
- West Yorkshire tender awarded to Leeds
- The tender included meeting HEE priorities:
 - Growth
 - Inclusion
 - Alignment to the long term plan

E.g.

1. Service areas
2. Championing evidence-based practice
3. System leadership
4. Addressing wider social factors and equity of access

National NHS context

- 42 Integrated Care Boards in ICSs
 - West Yorkshire Psychological Professions Workforce, Education and Training meeting
 - Workforce leads:
 - Gail Harrison adult
 - Kath Davies CYP
- WY ICS projects
 - E.g. P2P3 project – consistent coordinated CPD offer for Assistant psychologists across ICS
- HEE has disappeared – it has become part of NHSE
- IAPT has become NHS talking therapies anxiety and depression

National NHS context

- New psychological professions have emerged, e.g.:
 - Education Mental Health practitioner
 - Clinical associate psychologist (& apprenticeship)
 - Mental health wellbeing practitioner
 - CYP wellbeing practitioners
- Expansion in psychological professions
 - E.g. High Intensity CBT therapists: 367 in 2016/17 to 1300 in 2023/24

National NHS context

- Current commitment to support expansion of psychological professions: clear ambitions set out in NHS LTP
- Taking therapies (AKA IAPT)
 - Expansion in high intensity therapists
 - Currently 45% attend for only one session
 - Change of focus: target to be completed treatment & improved recovery rates and not numbers accessing
- PPN discussion paper on psychological practice in physical health

National NHS context

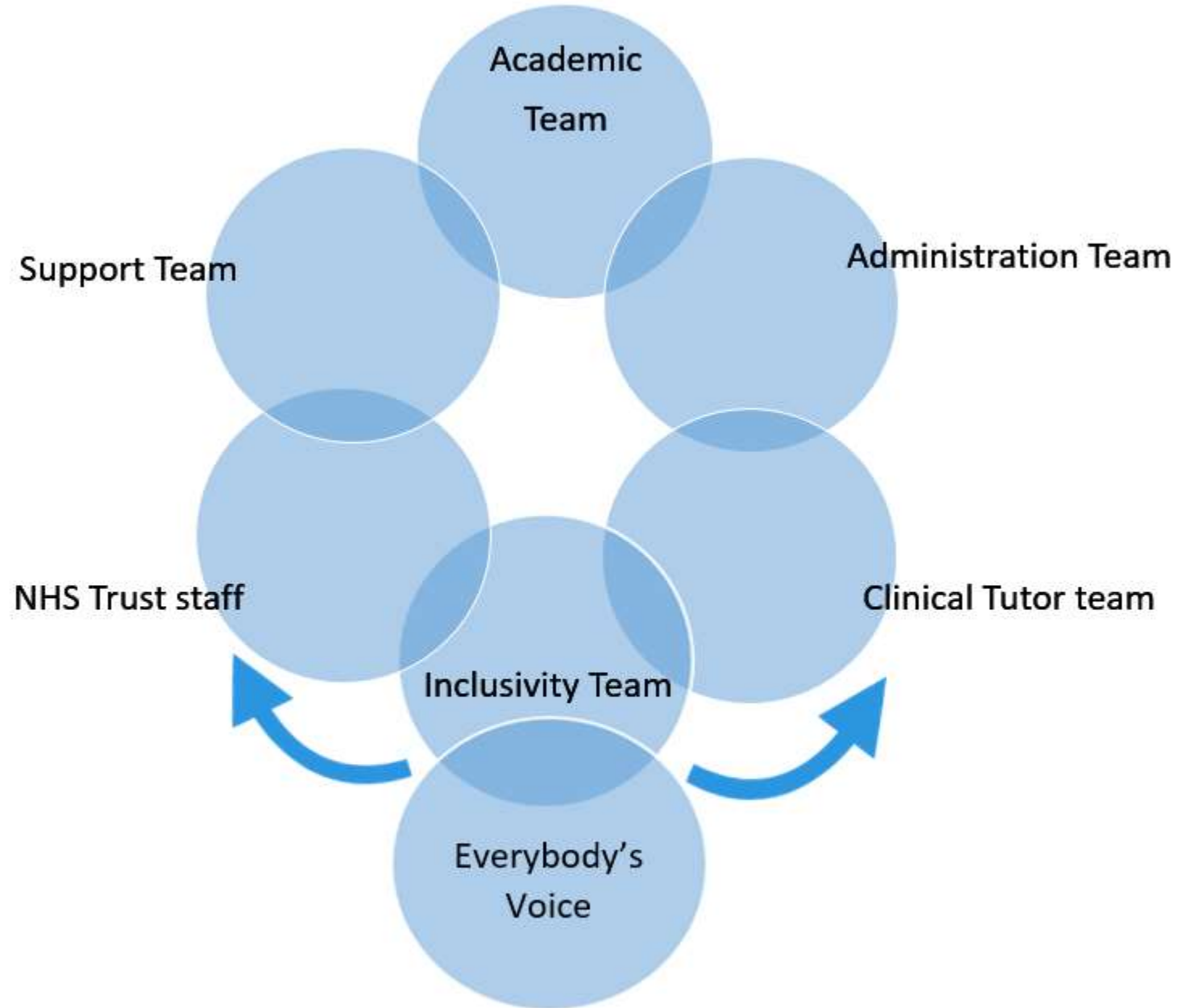
- Jan and I are involved in producing new national placement tariff guidance – currently being reviewed!
- Also leading a group looking at retention of clinical psychologists in the NHS

National training context

- Changes in clinical psychology commissioning in England
 - 2016/17: 526
 - 2023/34: 1080
- New accreditation criteria being revised following comments
 - New foundational Programme Standard: Equality, equity, anti-discrimination and inclusion
- HCPC changes to the standards of proficiency (SOP) were implemented in September 2023
 - Changed SOPs: more responsibility to monitor wellbeing etc
 - New SOP: public health
 - Leeds University was reviewed under a new institutional review format this year

News from the Leeds DClin programme

- A bigger team...



Team Changes

- Goodbye to Tracy
- Professor Jan Hughes
- Appointing a PPD/Inclusivity director: Dr Fiona Thorne!
- Interviewing for a regional training lead (chair PQT, liaise with P2P3 project, coordinate BABCP top up + more)
- Looking to expand our inclusion team: two new part time staff with a remit on different areas; an expert by experience post
- Clinical tutor posts out to advert

Academic

Gary Latchford
Ciara Masterson
David Turgoose
Beckie Yeates
Fiona Trew
Tom Mathews
Charlotte Baker

Joint Programme Director, Research Director
Academic Director
Lecturer in Clinical Psychology
Lecturer in Clinical Psychology
Lecturer in Clinical Psychology
Lecturer in Clinical Psychology
Senior teaching fellow in Clinical Neuropsychology

Clinical

Jan Hughes
Tom Isherwood
Fiona Thorne
Vacant
Kerrie Channer
Sarah Bradley
Kirsty Hughes

Joint Programme Director, Clinical Director
Deputy Clinical Director
Senior Clinical Tutor
Clinical Tutor
Clinical Tutor
Clinical Tutor
Clinical Tutor

Academic Support

Clare Dowzer
Anita Dorsett

Learning Technologist / Research Coordinator
Research Coordinator

EDI team

Fiona Thorne
Tansy Warrilow
Ruth Akindele
Maya Loonat

PPD/Inclusivity director & Clinical Tutor
EDI Lead
EDI project officer
EDI project officer

Trainee Management team

Francesca Sawyer
Fiona Thorne
Tom Isherwood
Zach Lewis

Manager
Manager
Manager
PA

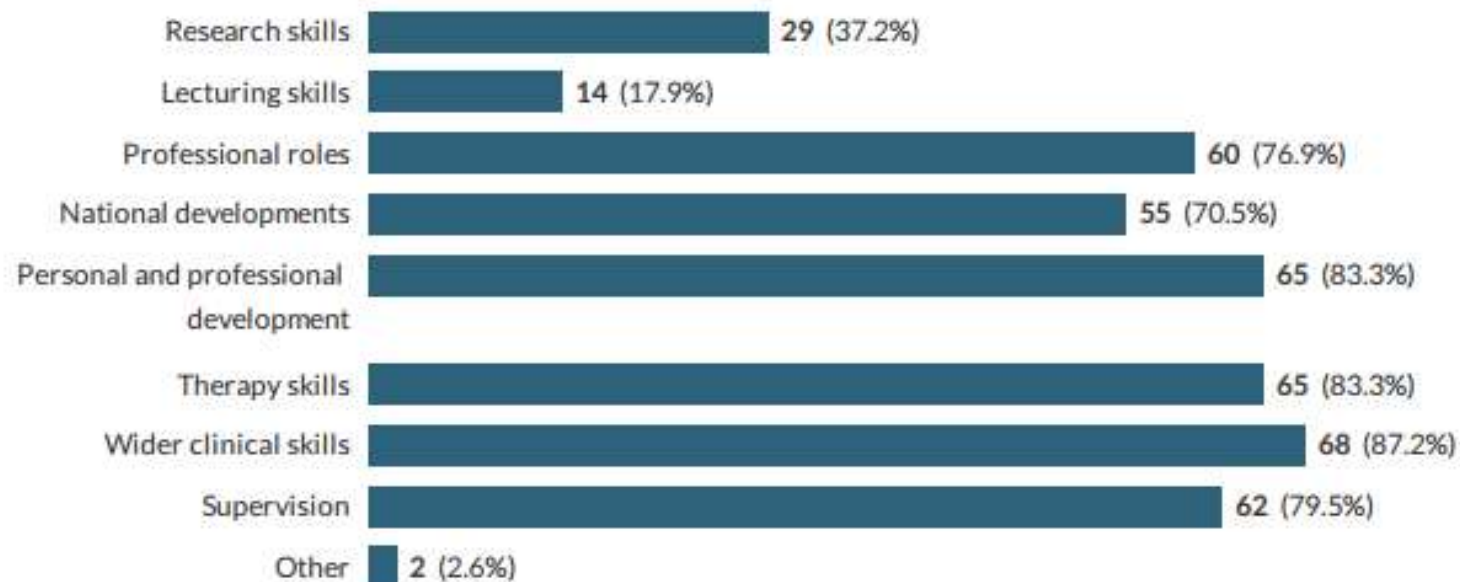
Admin team

Debby Williams
Sarah Snowden
Harriet Armour

Programme Manager
SES officer
SES assistant

The Future

- Relaunch PQT: Ellen Tomlinson's survey highlights
 - N=78; qualified 2-38 years; all specialities; attended 0-10 events
 - Preferences: Face to face and remote; More places; ½ day and full day events
 - What should PQT focus on? Lots of suggestions for topics; areas...



The Future

- Further development in EDI initiatives and service user and carer involvement
- Recruit research active local clinical psychologists and build research collaboration with Trusts across the region – more from Beckie
- Growth in clinical psychology seems to be sustained
- The profession of clinical psychology is in a period of great change