Leeds Alliance in Supervision Scale (LASS)

Instructions:
Please place a mark on the lines to indicate how you feel about your supervision session

This supervision session was not focused	(Approach) I----------I	This supervision session was focused
My supervisor and I did not understand each other in this session	(Relationship) I----------I	My supervisor and I understood each other in this session
This supervision session was not helpful to me	(Meeting my needs) I----------I	This supervision session was helpful to me

Wainwright, N. A. (2010). The development of the Leeds Alliance in Supervision Scale (LASS): A brief sessional measure of the supervisory alliance. *Unpublished Doctoral Thesis.* University of Leeds.

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Notes on use

The Leeds Alliance in Supervision Scale (LASS) was developed as a sessional measure of the supervisory alliance.

The LASS is based upon a number of research measures designed to tap the supervisory alliance, and a number of alliance theories that underpin these measures.

The LASS should be completed **at the end** of each supervision session, in the last 10 minutes. Completion of the LASS provides an opportunity for the supervisee to provide feedback on how they felt about the supervisory working alliance in that session. This feedback can then be used as a discussion point, allowing an open discussion about how the supervisee and supervisor feel about the supervisory alliance.

Completion of the LASS in each supervision session also allows for changes in the alliance to be monitored and discussed by both supervisee and supervisor.

The aim of the LASS is to promote open feedback and discussion about the supervisory alliance so that it can be fostered and used as an effective component of clinical supervision.

If the LASS is to be used to track change over several supervision sessions, care must be taken to ensure that the lines used in the Visual Analogue Scales are always 10cm long.

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